

Civil Service Commission

Entry Level Police Officer Medical Exam Guide

Purpose: To ensure the applicant is medically capable of performing the essential functions of the job. American College of Occupational and Environmental Medicine (ACOEM) LEO Medical Guidelines are utilized during the medical exam.

Vision:

1. Distance Vision: must be at least 20/20 in both eyes together and 20/40 in each eye separately. You may use corrective lenses to achieve this.
 - a. For glasses or hard contact wearers, if your distance vision without correction is worse than 20/100, vision corrective surgery (i.e., Lasik) will be recommended.
2. Near Vision: must achieve at least 20/40 in one of your eyes.
3. Color Vision: Additional testing with possible ophthalmology referral may be required. Medical restrictions will be recommended for individuals with moderate – severe color impairment.

Hearing:

Restrictions will be recommended for significant hearing impairments.

Medical:

Additional medical information may be requested by the medical examiner to determine fitness-for-duty. Some medical conditions may result in the medical examiner recommending restrictions, which may preclude a candidate from starting the Academy.

Below is a list of commonly encountered medical conditions:

1. Injuries or surgeries: should be resolved. A clearance note may be required from your treating specialist for any recent injuries or surgeries.
2. Sleep disorders, musculoskeletal issues, pregnancy, blood thinners and other medications, heart conditions, asthma, and lung disorders: may need additional medical information and may result in restrictions.
3. Any condition that results in sudden unpredictable loss of consciousness is disqualifying.
4. Hypertension should be well controlled (less than 140/90).
5. Seizures:
 - a. Seizure disorders are potentially disqualifying.
 - b. Additional medical information from your neurologist is required.
6. Diabetes:
 - a. Additional medical information will be requested (i.e., annual eye exam, recent hgbA1C, stability of medication regimen, etc.).